

Treatment Model	Healing Model
Therapeutic goal is coping and <i>symptom reduction</i> .	Therapeutic goal is <i>transformation</i> , creating changes that improve clients' lives in the long-term.
Diagnosis-oriented, it asks "what's wrong with this person?"	Relationship-oriented, it asks "what happened or didn't happen to this person?"
Focus is on following standard clinical procedures and protocols; more likely to use cognitive-behavioral clinical tools and approaches.	Focus is on building a relationship between client and therapist and using the clinical relationship to help resolve experiences of relational trauma.
Is not trauma, developmental trauma or attachment informed; does not recognize the correlation between adverse childhood trauma and chronic behavioral and physical health problems.	Is attachment- informed and developmental trauma informed, and recognizes the long-term impact of adverse childhood experience on both behavioral and physical health problems.
Short-term, therapist-directed.	Process-oriented approach that follows clients' needs and timing.
Mental, behavior, and mind-focused.	Heart-focused and relational emphasis.
Based on more masculine values and practices.	Based on more feminine values and practices.
Customers are seen as "patients" who are sick and disempowered.	Customers are seen as "clients" who seek support and empowerment.
Professionals are considered experts who know more than the patient.	Professionals are considered experienced facilitators who assist clients in making their relationships and lives function more effectively.
Emphasizes techniques, tools and a more mechanical approach.	Emphasizes social and emotional interactions between client and therapist and more artful approach.
Uses a more medical and mechanical framework for addressing the presence of clinical issues.	Integrates new information about the role of epigenetics in identifying the source of trauma and healing it.
Emphasizes the use of evidence-based practices in clinical practice.	More likely to use of practice-based evidence approaches in clinical practice.